

PREScription FOR DISCHARGE

Zero Tolerance. Infinite Risk.



**Protect your life and your career.
Use prescription drugs the right way:**

1 Take correctly.



Follow the doctor's orders and prescription instructions as directed.

2 Report promptly.



Ensure that both Navy Medical and your command are aware of your current prescriptions.

3 Dispose properly.



Place unused meds in a small plastic bag filled with water and used coffee grounds and throw the bag in the trash. Cross out personal information on your prescription labels.

4 Never share.



Never share your prescriptions with a friend or shipmate.

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